

Special Edition Product designed and fulfilled exclusively for Remedy Place by NADclinic® Group.



NAD⁺ SMART PEN

REMEDY PL | NADclinic®
PERSONALISED LONGEVITY



User Instructions

NADSQx™ Smart Pen

Nicotinamide Adenine Dinucleotide (NAD⁺)

Important information you need to know before using NADSQx™.

1. Before you begin

Please read this leaflet and the **full instructions for use** before starting your **NADSQx™** experience. It's important that you understand how to correctly store, handle, and administer **NADSQx™** ensuring both safety and optimal efficacy.

All Smart Pens have Anti-Counterfeit Labelling with Secure Pharma Grade Authenticity Validation Code.

2. What's inside the NADSQx™ Kit?

- 1, 2, or 3 prefilled Smart Pens (each containing **1000mg of pure pharma grade NAD⁺**)
- 20, 40, or 60 Disposable Needles
- 20, 40, or 60 Alcohol Swabs
- 1x **NADSQx™** Travel Case
- 1x Reusable Travel Ice Pack (100mL)
- 1x Reusable Ice Pack (180mL)
- 1x Welcome Card
- 1x Sharps Bin
- 1x User Instructions

Use the **Travel Case** and **Ice Pack** to keep your Smart Pens cool during short trips. Don't forget to pack **needles** and **Alcohol Swabs** when traveling!

3. How to store NADSQx™

- Store Smart Pens in the refrigerator at 2-8°C (36-46°F) whenever possible.
- Keep away from heat and direct sunlight.
- Do not use the pen if:
 - The solution is frozen, cloudy, or contains particles
 - The pen is expired or empty.
- **NADSQx™** Smart Pens have been validated to remain safe and stable for up to 30 days at room temperature.

Dispose of expired or empty pens responsibly. Do not reuse cartridges.

4. Safety Information

- Keep all components away from children.
- Do not mix other injectable products into the cartridge.
- Disinfect the injection site with an Alcohol Swab before injecting.
- Wash hands thoroughly with soap and water before use.
- After injecting, remain seated and relaxed for **5-10 minutes** to monitor how you feel.

5. Do not use NADSQx™ if

- You have active cancer or are currently in remission without consulting your oncologist.
- You have irritated, scarred or broken skin at the site of injection.
- You are pregnant or breastfeeding.
- You are 18 years or below.

Quick Start Guide

Dosing Overview

The **NADSQx™** is available as a single, double or triple kit.

Each 3ml Smart Pen cartridge contains 1000mg of pure, pharmaceutical-grade NAD+.

Which is equivalent to:

- 20 doses of 50mg NAD+, a maximum of 5 injections per calendar week.
It will last approximately 4 weeks.
- 10 doses of 100mg NAD+, a maximum of 5 injections per calendar week.
It will last approximately 2 weeks.

The **NADSQx™** offers customisable dosages ranging from **50-100mg**.

Therefore, the duration of each Smart Pen will depend on the desired administration dosage.

Adjust dose using the dial:

- Select from **50 / 75 / 100 / 125 mg**
- Turn **clockwise** to increase
- Turn **counterclockwise** to decrease

Regardless of the dose you will choose, it is recommended to start on **one dose every day for the first 3 days** then reducing to alternate days with a **maximum of 5 injections per calendar week**.

Reassess and adjust dosage as needed.

IMPORTANT DISCLAIMER

- **Do not use** if the Smart Pen contents are:
 - **Frozen**
 - **Cloudy**
 - **Contain visible particles**
- **Wash your hands** with soap and water before every injection.
- Check the box label to ensure:
 - The product is not expired
 - The Anti-Tamper security sticker is in place and untouched.
 - The pure NAD+ SQx solution should be light yellow in colour, this is normal.

Please remove the security sticker prior to first use and **scan the QR code** to view and validate all product production & safety certification.

Instructions for Use NADSQx™ Smart Pen

What is NADSQx™?

NADSQx™ is a self-administered subcutaneous injection kit delivering optimal purity NAD⁺ directly into your body for maximum bioavailability.

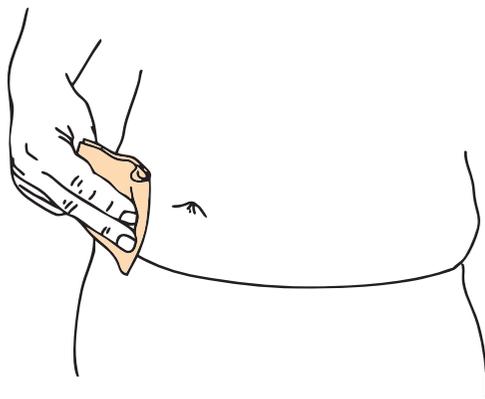
Injection sites

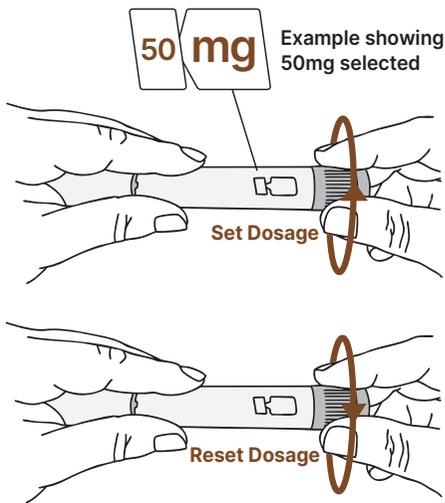
Subcutaneous injection sites vary, but most commonly include the abdomen (avoiding the area around the belly button), the outer thigh, the back of the upper arm, and the buttocks.

Rotation of injection sites is crucial to minimise site irritation and bruising and ensure optimal absorption of the active NAD⁺ solution.

1. Prepare to inject

Wash your hands thoroughly.
Clean your injection site, lower abdomen (recommended) or outer thigh, using an alcohol swab.
(Provided in the **NADSQx™** kit).





2. Set the correct dosage

Turn the dosage dial on the Smart Pen **clockwise** to set your preferred amount: **50mg, 75mg, or 100mg**.

Ensure the correct dosage appears clearly in the window before proceeding.

In case you selected the wrong dosage, please rotate **counterclockwise** to reset.

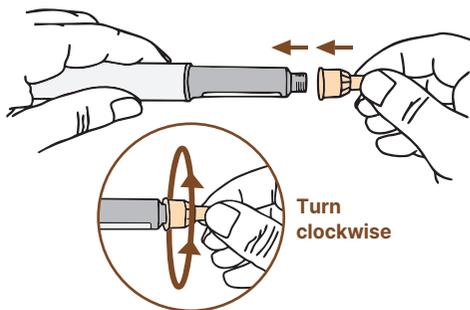
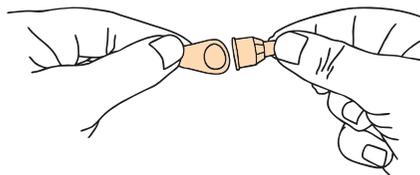
Make sure you can see the dosage counter.

Do not cover it with your fingers.

This could interrupt the injection.

3. Needles

Take a new needle and tear off the paper tab. **Always use a new needle for each injection.**



4. Place the needle

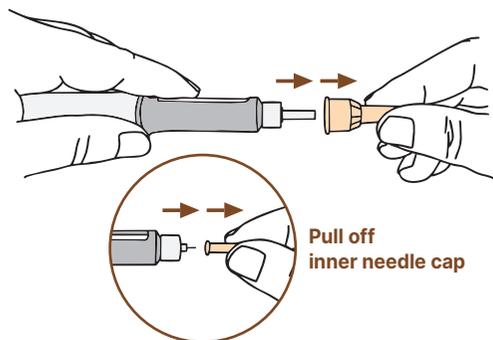
Push the needle **straight** onto the Smart Pen.

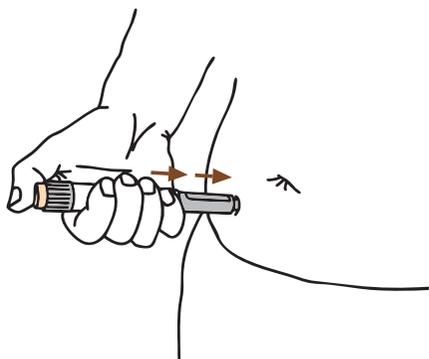
Turn **clockwise** until it is on **tight**.

5. Remove the caps

Pull off the outer needle cap and keep it for later. You will need it after the injection, to safely remove the needle from the Smart Pen. **Pull off the inner needle cap and throw it away.**

If you try to put it back on, you may accidentally stick yourself with the needle. Be careful not to touch the needle.



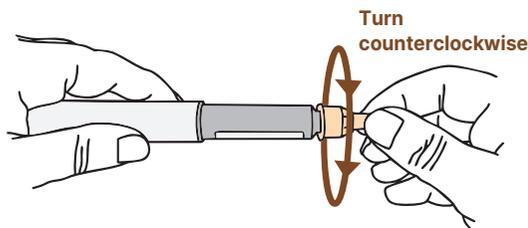


6. Inject

Hold the Smart Pen firmly at a 90-degree angle against the cleaned injection site. Press the Smart Pen down until you hear a “click” – this activates the injection. Hold in place for **5-10 seconds** to allow the full dose to be delivered. You may experience a slight tingling or stinging sensation at the site of the injection. This is normal and nothing to be concerned about.

7. Dispose the needle

Check that the **dosage window is clear** (confirming delivery). Use the needle cap to remove the needle from the Smart Pen. Place the used needle tip in the sharps bin provided.



Caring for your Smart Pen

Treat your Smart Pen with care. Rough handling or misuse may cause inaccurate dosing, which may lead to abdominal discomfort such as nausea or vomiting.

- Do not leave the Smart Pen in a car or another place where it can get too hot or too cold.
- Do not inject **NADSQx™** which has been frozen.
- Do not inject **NADSQx™** which has been exposed to direct sunlight.
- Do not expose your Smart Pen to dust, dirt or liquid.
- Do not wash, soak or lubricate your Smart Pen. It may be cleaned with a mild detergent on a moistened cloth.
- Do not drop your Smart Pen or knock it against hard surfaces. If you drop it or suspect a problem, attach a new needle and check the flow before you inject.
- Do not try to refill your Smart Pen. Once empty, it must be disposed of.
- Do not try to repair your Smart Pen or pull it apart.

Travelling with your NADSQx™ Smart Pen

NADSQx™ Travel Case. How to Pack and Use

Thank you for choosing **NADSQx™**. Your sleek, black Travel Case has been carefully designed to help you travel safely and confidently with your NAD+ Smart Pen.

Getting Ready to Travel

Before you head out, here's how to prepare your case for the journey:

▪ Pack Your Ice Pack

To keep your NAD+ at the right temperature while travelling:

- Use either the **180ml** (large) or **100ml** (small) reusable Ice Pack.
- The 100ml option is ideal for carry-on luggage and complies with most airline guidelines.
- Freeze your chosen Ice Pack before travel for up to **6 hours**, and whenever a freezer is available during your trip.

This helps protect the integrity of your NAD+ throughout your journey.

▪ Add Your Essentials

- Pack your **NADSQx™** Smart Pen ensuring enough cartridges are included for the duration of your trip (1000mg, 2000mg or 3000mg)
- Include enough **Alcohol Swabs** and **Disposable Needles** for the number of self-administered doses you'll need.

TIP: Always plan ahead based on the length of your trip!

Helpful Reminders

- Keep your Travel Case zipped up and stored in a cool place while in transit.
- Remember to pack the sharps bin for safe disposal during your travel.
- If flying, you can inform airport security you're carrying a medical device – just like with any health-related kit.

Safe travels - and remember, if you need help or have any questions, the NADclinic team is just a message away!

Customer Support

If you have any questions or problems with your **NADSQx™** product, contact **NADclinic** at +44(0)2079351155 or call your healthcare provider for help.

For more information about **NADSQx™**, visit our website at **www.nadsq.com**.

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